

# Enterprise Sun

VOL. 105, NO. 143 • 20 PAGES

MONDAY, FEBRUARY 20, 1995

ALL LOCAL NEWS

## Harvard professor: Most aliens are environmentally hip

By Darren Garnick  
STAFF WRITER

**T**hey kidnap. They force humans to have nonconsensual sex. But on the plus side, at least they are environmentalists.

Based on interviews with more than 100 people who believe they have been abducted by extraterrestrial beings, Harvard Medical School Prof. John E. Mack has discovered a common ecological thread sewn throughout his subjects' testimony.

Addressing about 90 curious people last week at the Marlborough Public Library, the psychiatrist said that humans' abduction experiences "almost always" involve the visiting aliens expressing disgust about the condition of the earth.

"People who report these experiences are often motivated to act," he said. "One woman [abductee] later became fanatically involved in teaching about environmental issues ... It's [more effective] than when people are told to recycle in class."

Zulu leader Credo Mutwa, in a videotaped interview shown to the Marlborough audience, described the aliens' activist message this way:

"Africa's dying ... I just get furious because the people in the stars are giving us information. But we are too stupid to take it."

What separates Mack, 65, from the fleet of UFO academics are his accomplishments

in other fields. His biography of T.E. Lawrence (Lawrence of Arabia) won the Pulitzer Prize in 1990. And as the founding director of the Center for Psychology and Social Change, he has applied psychoanalytical techniques to researching the roots of political crises.

Mack does not claim to have "proof" of the existence of life beyond Earth. What he does stress is that in-depth, psychiatric evaluations of each of his subjects have failed to detect any abnormal psychoses.

The Harvard professor said he is convinced that people who report alien abductions truly believe they have gone through the experience.

Their testimony is delivered "with an intensity I've never seen," he declared.

After the 1994 publication of Mack's book, "Abduction: Human Encounters with Aliens," the professor braced himself for an onslaught of Ivy League mockery.

"I've seen the best and worst of my fellow man. I now know who my friends are," he said. "I've had to develop a thick skin ... It's not easy to be attacked by the medical establishment."

Although there are rare variations in the physical characteristics of Mack's reported aliens — such as lizard and praying mantis-like beings — most descriptions do not stray far from the standard short, bald, bulging-eyed creature with no ears. The aliens, who "float like ballerinas," usually have no lips or nose, breathing out of razor-thin slits.

All abduction stories also involve themes of sexual experimentation.

"They seem to be very interested in our emotions and sexuality, the fact that we nurture each other," Mack said.

"They have a fascination with our physical embodiment."

Citing Credo the Zulu warrior's testimony, Mack argues that his subjects have no ulterior motives to concoct a UFO hoax — and often have more to lose by coming forward.

"Here's a man of great presence and power. For him to talk about these shameful things among his followers illustrated how important he thought this was."

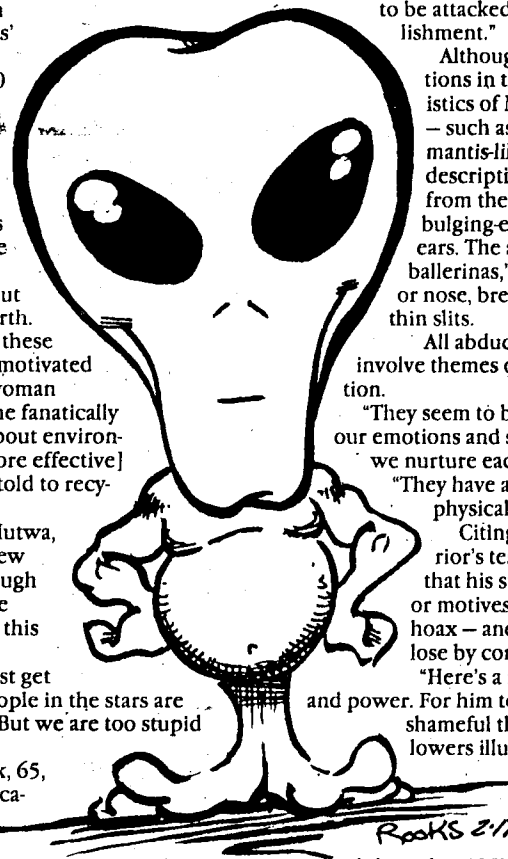
Credo, 73, reported being abducted in 1957 from the South African jungle. He told Dr. Mack that he was thrust onto a table and had been forced to have intercourse with a female alien.

The African man claimed to have been covered with foul-smelling gray dust after the experience, which he compared to "making love with a machine."

"I couldn't move, but they hadn't tied me down," he reported. "... I was in horrible pain."

Contradicting the stereotype of the rural farmer alien abductee, the Harvard professor said he has gathered similar testimony from people high up in political office and the enter-

see ALIENS, page 10





Professor John E. Mack

## Aliens are environmentally hip

**ALIENS**, from page 1  
tainment industry.

Citing the confidentiality of his patients, Mack declined to mention names.

If citizens from outer space are concerned with the ecosystem of the planet Earth, why don't they hold a press conference at the United Nations or arrange a conference with President Clinton?

Playing out this hypothetical scenario, Mack defended the logic of contacting ordinary peo-

ple, adding that he does not believe that social change occurs from the top down.

"This could be a grass-roots phenomenon," he said. "For a consciousness to change for a more harmonious relationship with the earth ... it has to happen at every level."

Anyone wishing to contact Dr. John E. Mack may write to him at: The Program for Extraordinary Experience Research (PEER), P.O. Box 382427, Cambridge, MA 02139.